



*Turn.
Downtime
into Dollars*

**HOW TO TURN EMPTY STUDIO HOURS
INTO EXTRA INCOME**

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WINS IN THE LAST 90 DAYS?



HOW MANY HOURS
PER WEEK IS YOUR
STUDIO IN USE?

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THE SCHEDULE PROFIT SCAN

Downtime
vs Paid Time
Calculator



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8 am							
9 am							
10 am							
11 am							
12 pm							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							

CALCULATE YOUR PAID TIME

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of Paid Time Hours

÷

105 Hours
(8am - 10pm)

x

100

=

% of Paid Hours
at Your Studio

÷

105 Hours

x

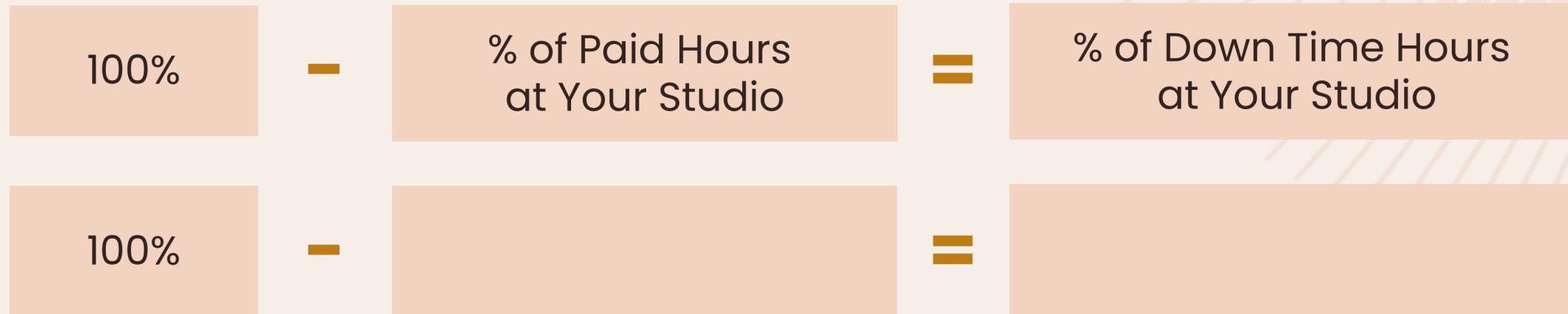
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=

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CALCULATE YOUR DOWN TIME

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WAIT!
...IT ACTUALLY GETS WORSE.

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CALCULATE YOUR PAID TIME

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of Paid Time Hours

÷

168 Hours
(24 Hours)

x

100

=

% of Paid Hours
at Your Studio

÷

168

x

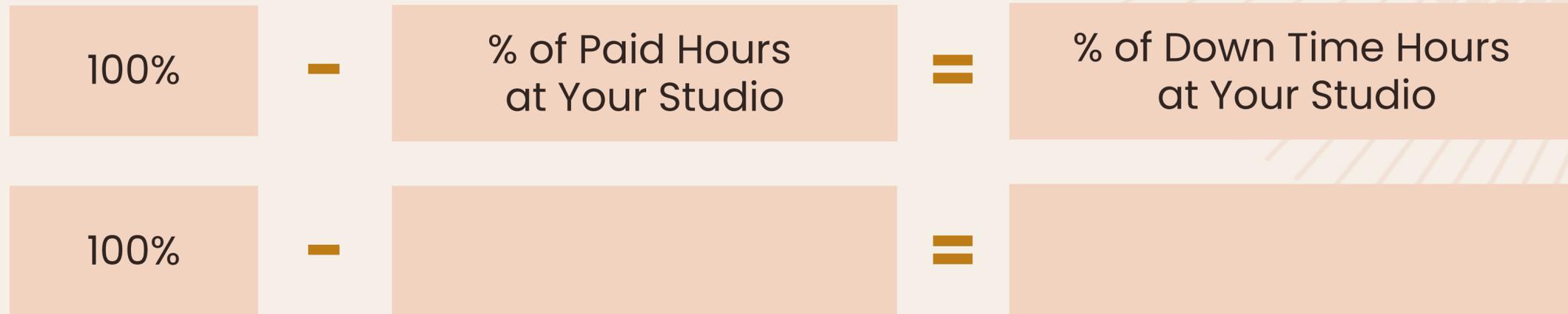
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CALCULATE YOUR DOWN TIME

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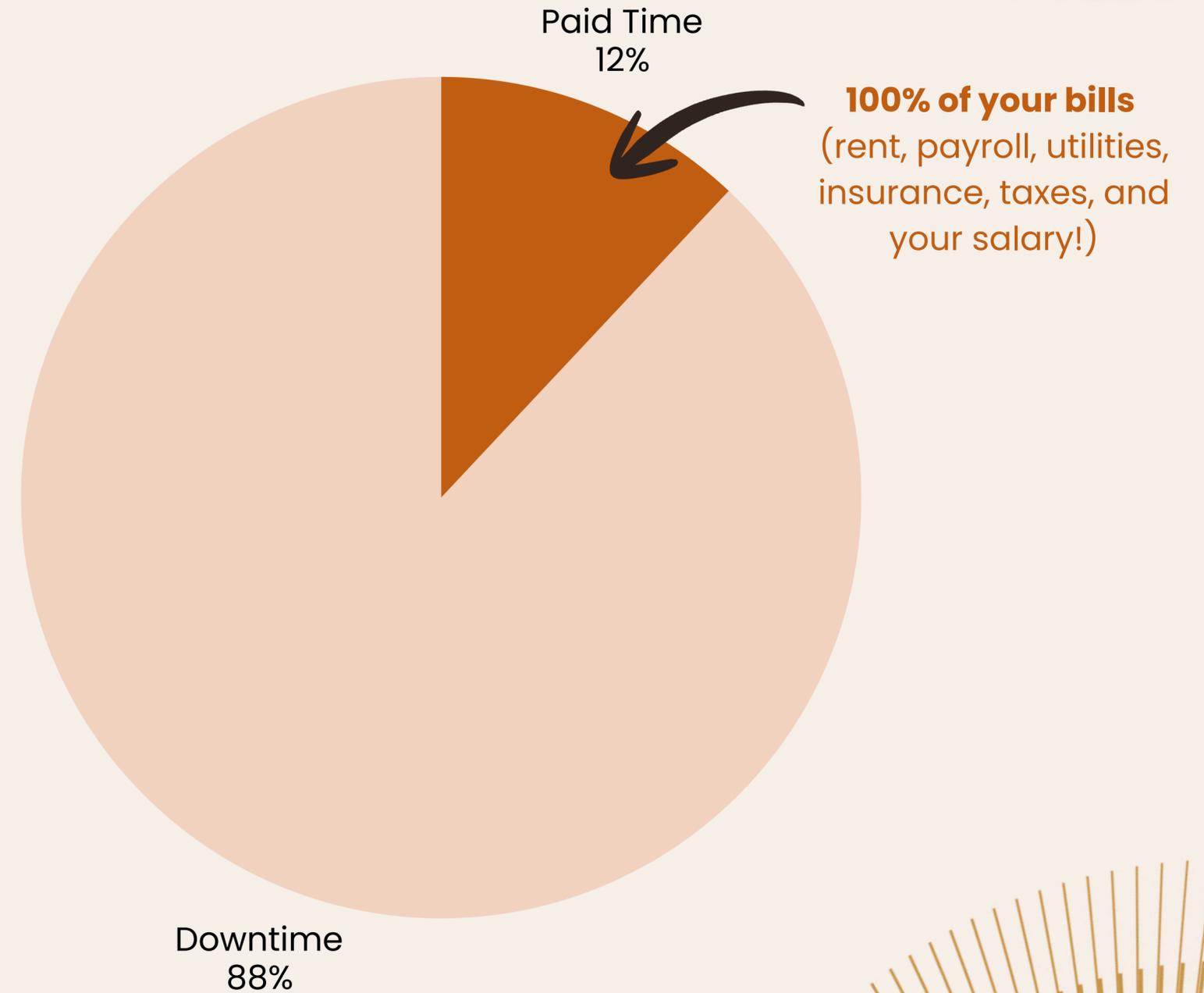
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INDUSTRY SNAPSHOT

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MOST STUDIOS OPERATE WITH:

- 12–20% Paid Time
- 80–88% Downtime

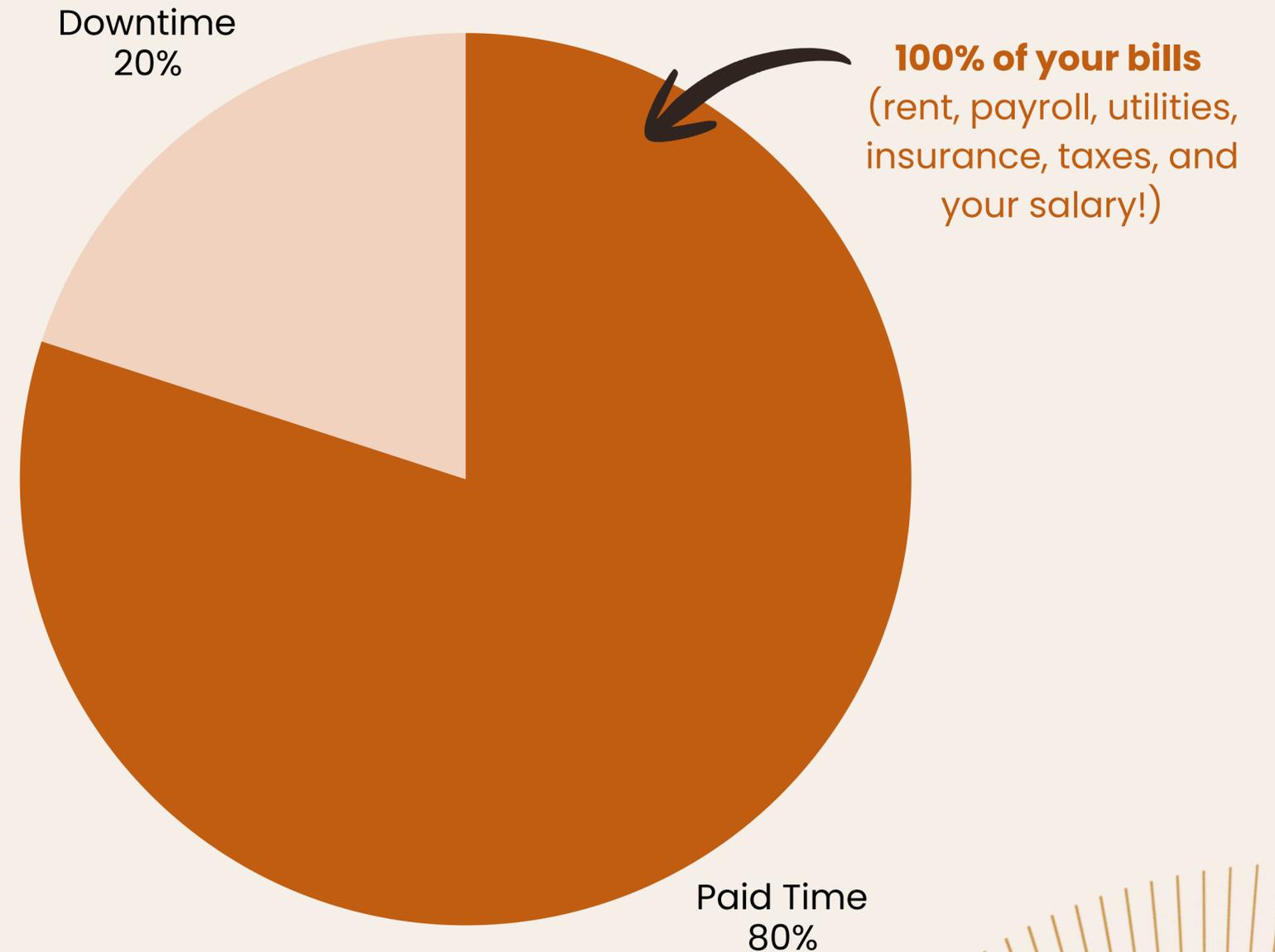


BEFORE YOU EXPAND... FILL THE SPACE YOU HAVE

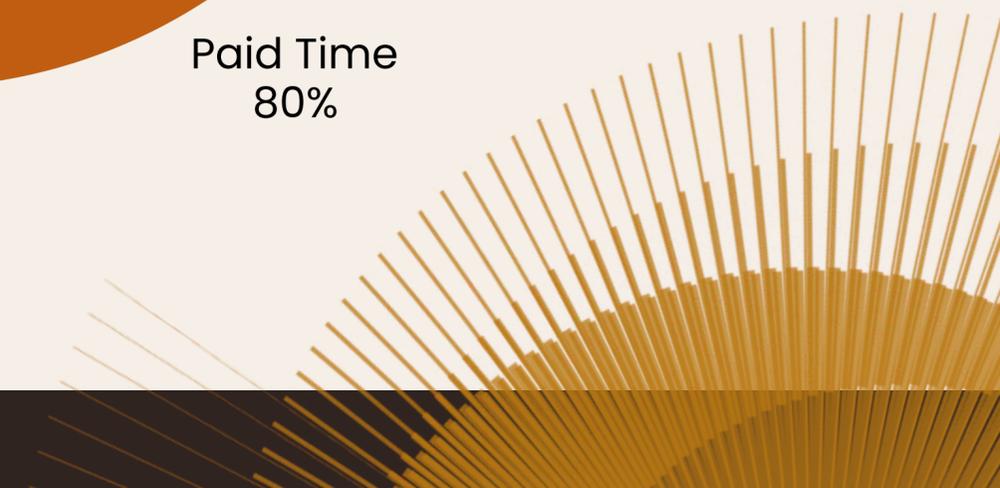
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INSIDE THE INNER CIRCLE, WE RECOMMEND:

80-85%+ Paid Time
before adding another room, building out, or opening another location.

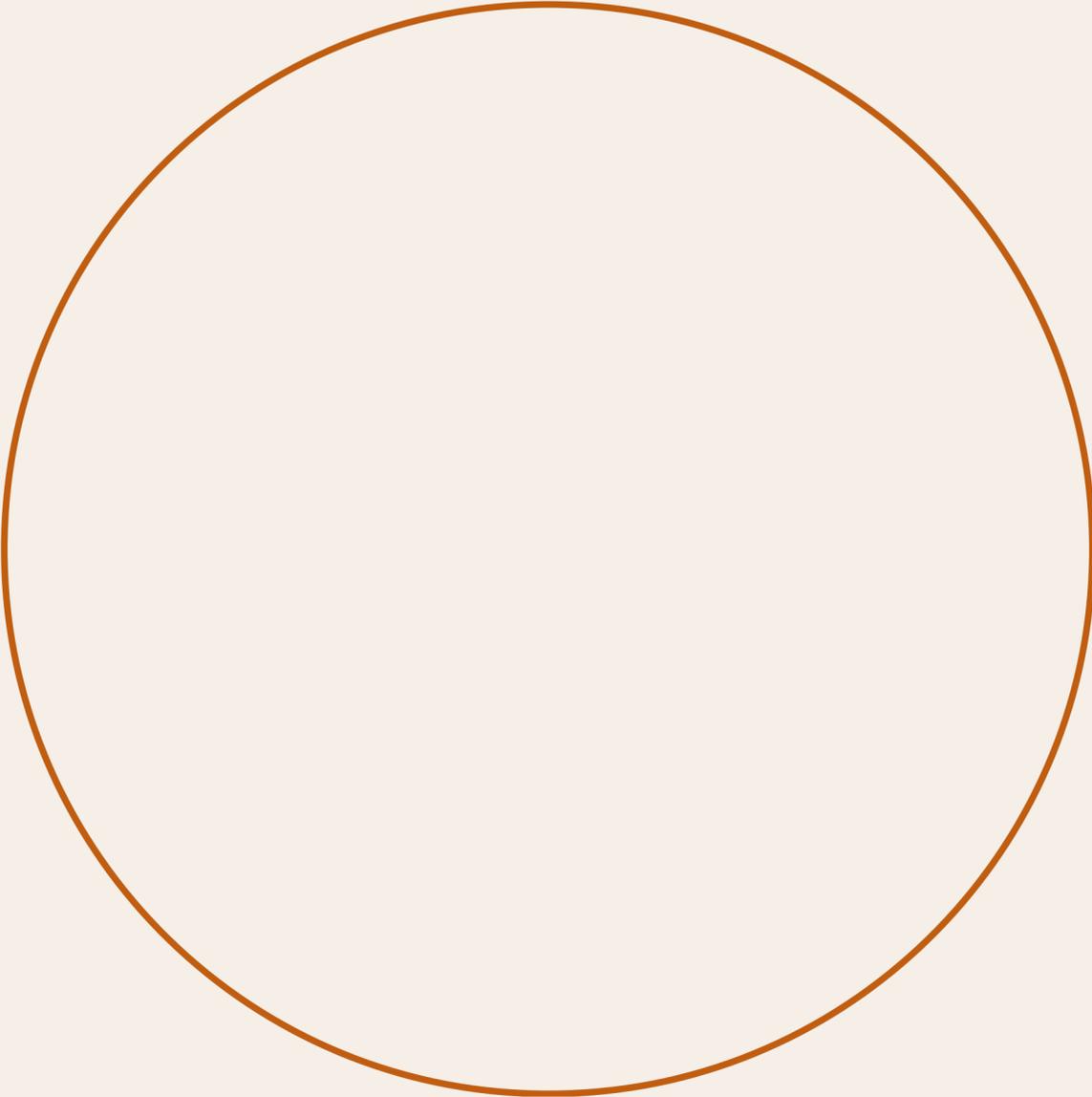


The Studio that Earns
All Day: Case Study



WHAT DOES YOUR PERCENTAGE LOOK LIKE?

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YOUR STUDIO'S HOURLY BURN RATE

*Why your paid hours
feel so heavy.*

YOUR HOURLY BURN RATE

= the amount of money your studio must earn every hour just to keep the doors open.

Your burn rate includes:

- Rent
- Utilities
- Insurance
- Software
- Payroll obligations
- Taxes
- Admin costs

These operational costs run 24/7.

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LET'S CALCULATE YOUR BURN RATE.

*You only need **two** numbers:*

1.

2.

STEP 1: WHAT DOES IT COST TO OPEN YOUR DOORS EACH WEEK?

If you know your number - use it.

If not, use a safe estimate:

- Smaller studio: ~\$3,000/week
- Mid-size studio: ~\$5,000/week
- Larger studio: ~\$7,000/week

Write down your number here:

STEP 2: YOUR REAL COST HOURS

**24 hours/day x 7 days
= 168 hours**

This is the schedule your bills are on.

STEP 3: YOUR HOURLY BURN RATE

**Weekly expenses ÷ 168 hours
= Cost per hour**

Example:

\$5,000 ÷ 168 ≈ \$30/hour

÷ 168 = / hour

STEP 3: YOUR HOURLY BURN RATE

**Weekly expenses ÷ 23 paid hours
= Cost per hour**

Example:

\$5,000 ÷ 23 ≈ \$217/hour

÷ paid hours = / hour

**AND THIS IS JUST TO
BREAK EVEN!!**

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**THERE ARE ONLY TWO LEVERS
THAT FIX BURN-RATE PRESSURE:**

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1 - Increase what each paid hour earns
(pricing, capacity, systems)

2 - Increase the number of paid hours
(turning downtime into paid time)

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REVENUE PROFIT

SPACE BASED REVENUE

NON-SPACE BASED REVENUE

- Offers
- Pricing

CORE PROGRAMMING

- Offers
- Pricing
- Capacity

EVENTS

- Offers
- Pricing
- Capacity

DOWNTIME

ALT PROGRAMMING

- Offers
- Pricing
- Capacity

NON-TUITION

- Offers
- Pricing

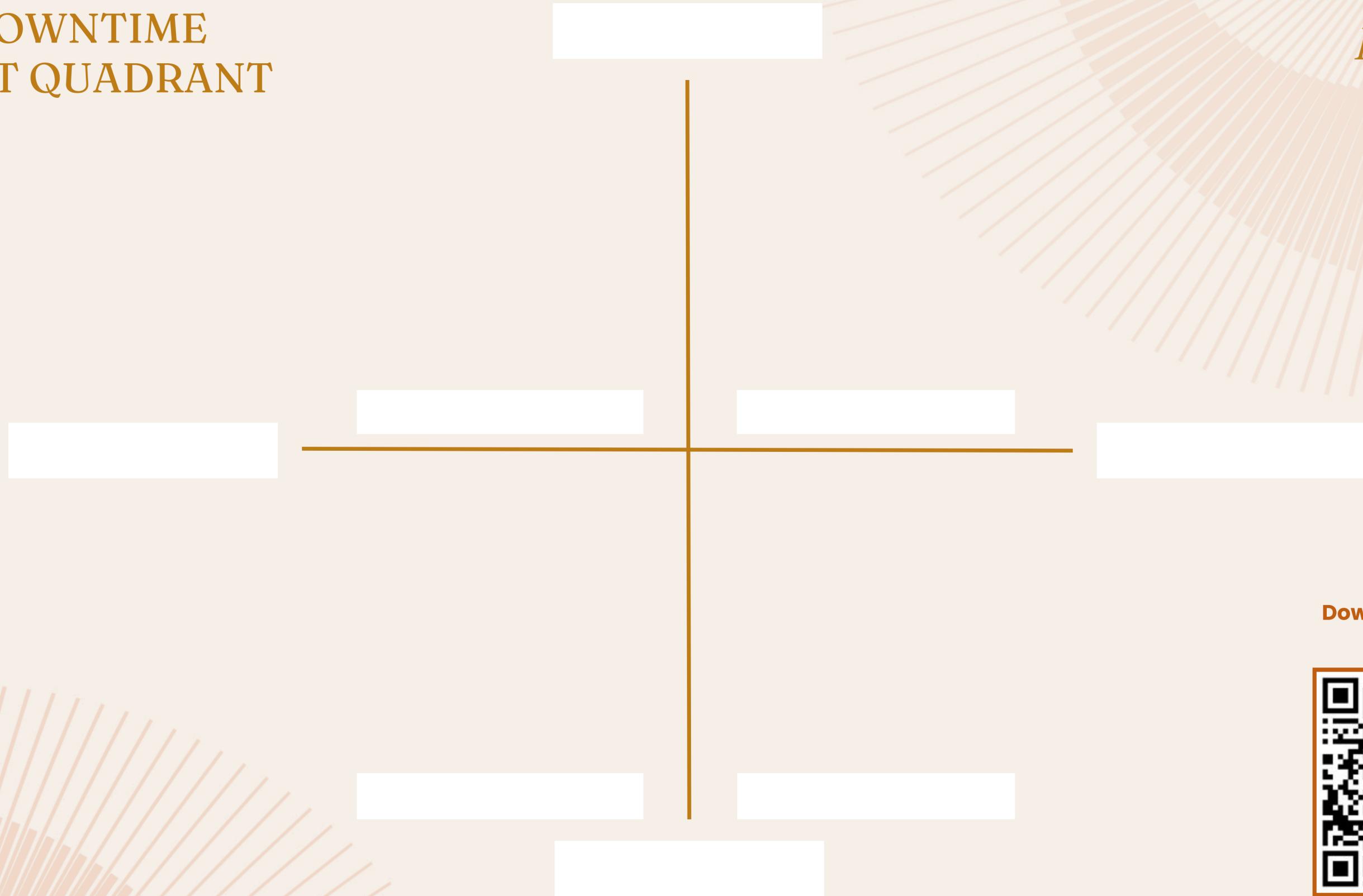
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Your Hidden Hours Revenue Matrix

**HOW TO STOP GUESSING - AND START
CHOOSING PROFIT ON PURPOSE.**

THE DOWNTIME PROFIT QUADRANT

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**Downtime Revenue
Idea Bank**



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Your Hidden Hours Revenue Roadmap

FROM INSIGHT → ACTION → INCOME

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STEP 1: DECISION MOMENT

*Select **ONE** option from Quadrant 1, 2, or 3.*

DECISION FILTER

Use these three questions:

1 - Capacity

Do you have the space, staff, and energy for this?

2 - Market

Is there real demand in your community?

3 - Financial Impact

Will this meaningfully increase paid time or revenue?

IF IT DOESN'T PASS ALL THREE - IT'S NOT THE MOVE.

STEP 2: DEFINE THE WIN

Before you plan anything...

You need to know:

What does success look like?

COMPLETE THE FOLLOWING:

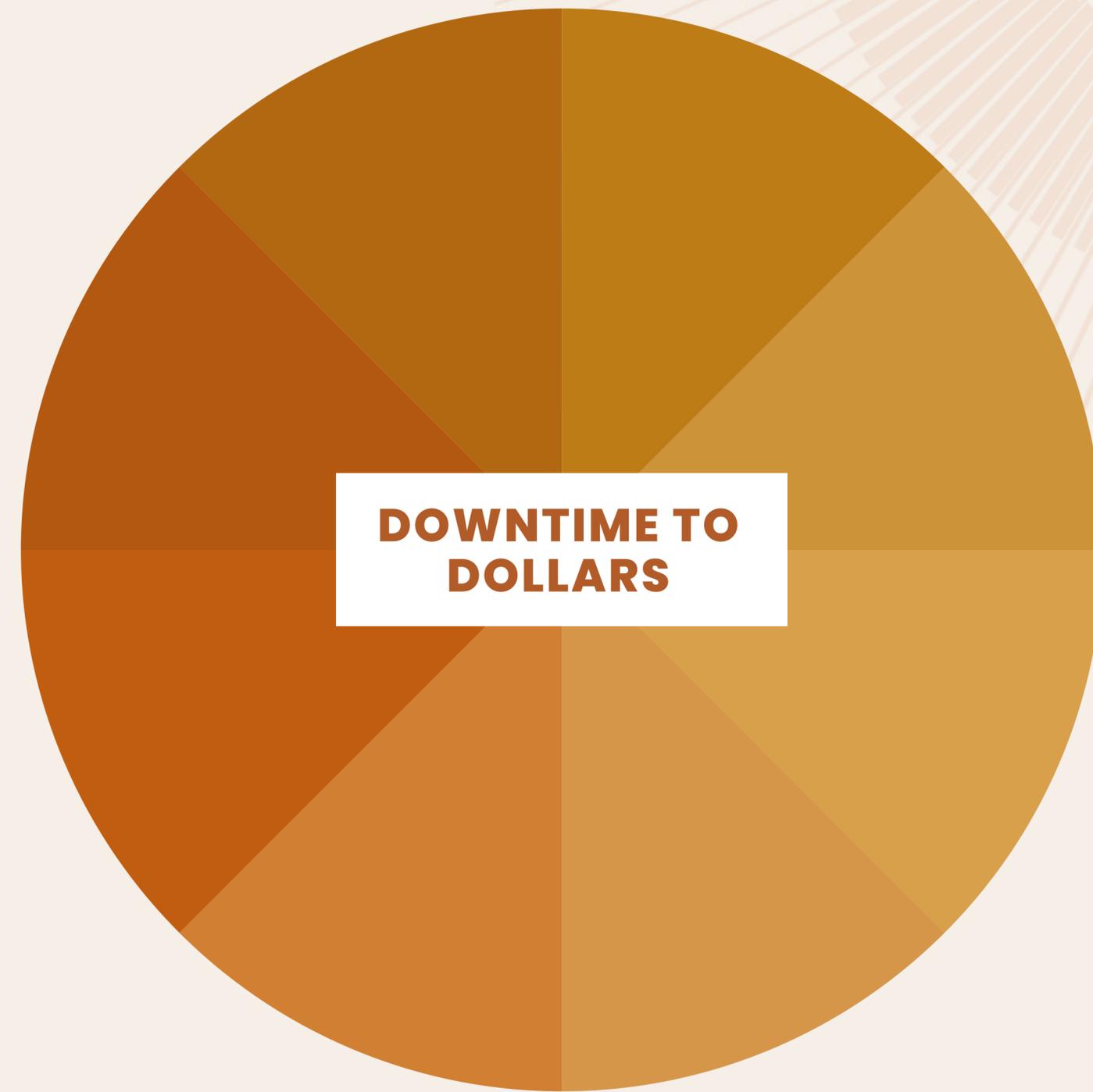
**By the end of the next 30 days I will
implement with a goal of
 to fill up my downtime.**

The Hidden Hours
Planning Framework



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WHY NOW WHEEL?



**DOWNTIME TO
DOLLARS**

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